

Sport and Physical Activity

Faculty: Physical Education

Exam Board: OCR

Course Title: Sport and Physical Activity

Course content:

- Unit 1 - Body in Action (External examination)
- Unit 2 - Sports coaching (coursework)
- Unit 3 - Sport Development (External examination)
- Unit 8 - Organising sports events (Coursework)
- Unit 17 - Sports rehabilitation (Coursework)

Where could this course take you?

Enrichment:

NGA Ravens club, Flag Football

University Courses:

Sport and exercise science, Physical education teaching (PGCE), Sports, coaching development, Physiotherapy, Athlete programmes (Sports Scholarships).



Read, Watch and Listen



Listen

NFL show podcast



Read

World of sport explained



Watch

Drive to Survive; Netflix

Online links

Course Spec: [Cambridge Technicals - Sport and Physical Activity- OCR](#)

For further information please contact the Sixth Form team (Sixthformupdates@nottinghamgirlsacademy.org) who will be happy to forward your email to the relevant department.

