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FOR PARENTS OF CLOSE CONTACTS OF COVID-19 at NOTTINGHAM GIRLS' ACADEMY

Advice for Child to Self-Isolate up to and including 10 December 2020

Dear parents/carers

On our return to school after this weekend, we have been advised of five additional positive cases of Covid-19 in the Year 9 bubble.

Using our robust contact tracing processes, we have identified the children that have been in close contact with the affected people. This would include almost all of the pupils in the bubble and, in keeping with the latest national guidance and Public Health England advice, we have made the decision that it would be sensible for *all* Year 9 pupils to stay at home and self-isolate, as a precautionary measure, up to and including **Thursday 10 December 2020**.

As long as they are well and not showing any symptoms of Covid-19, they should return to school on **Friday 11 December 2020.**

Throughout this period, your child will be able to access their learning remotely and get support from their teachers, by using Teams. Details of how to do this can be found on our website: NGA Home Learning Hub

If your child is eligible for Free School Meals, we will provide you with Tesco or Morrisons vouchers to cover this.

If your child is well at the end of this period of self-isolation, they can return to their usual activities, including attending school. Other members of your household can continue normal activities, provided your child does not develop symptoms within the self-isolation period.

More information for contacts of people with confirmed coronavirus infection and who do not live with the person can be found at the link below:

https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person

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If your child, a household member or a member of your support bubble develops any of the following symptoms, they should remain at home for at least **10 days** from the date when their symptoms appeared. All other household members who remain well, must stay at home and not leave the house for 14 days from the date when the first person in the house became ill. This includes anyone in you 'Support Bubble'.

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough and/or
- a high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

Anyone with symptoms will be eligible for testing and this can be arranged via https://www.nhs.uk/ask-for-a-coronavirus-test or by calling 119. People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

Additional information regarding Public Health England's 'Stay at Home' Guidance can also be found at: https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection.

If your child, or anyone in your household, does develop symptoms, you can seek advice from NHS 111 at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/ or by phoning 111.

As a community, we can also help reduce the risk of spreading COVID-19 by:

- washing your hands with soap and water often do this for at least 20 seconds
- using hand sanitiser gel if soap and water are not available
- washing your hands as soon as you get home
- covering your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- putting used tissues in the bin immediately and wash your hands afterwards

I know these are challenging circumstances for our pupils, staff and wider school community and would like to thank you for your ongoing support during this unprecedented time.

If you have any questions or concerns, please don't hesitate to contact the Academy or visit www.nottinghamgirlsacademy.org for up-to-date information.

https://www.nhs.uk/conditions/coronavirus-covid-19/

Your faithfully

David Tungate Principal

Nottingham Girls' Academy











