



At NGA, we have 9 important qualities that we encourage you to show, both at school and in your own time. These qualities help you to become a mature and positive citizen both within your community and the wider world. By showing these qualities, you can earn BUILD points – positive reward points, that can earn you certificates and rewards at the end of each term!

Over the holidays, try to complete as many of these activities as you can. Bring them with you in September to show your new tutor – maybe you can earn some BUILD points right away!

Respect	Kindness	Tolerance	Resilience
<p>Write a letter of appreciation for a teacher or a friend. What do you have to thank them for? How have they impacted your life?</p> <p>Interview the oldest person you know about their life. This could be a grandparent, friend, aunt or uncle. Before you do, think about the questions you would like to ask, such as:</p> <ul style="list-style-type: none"> <li>• Tell me about the food you ate. What were your meals like? What were your favourite sweets?</li> <li>• What games did you play?</li> <li>• What was it like being at school? Who was your favourite teacher? Was it strict? Did you have a favourite lesson? Was there a lesson you hated?</li> <li>• What was your favourite book or comic when you were my age?</li> </ul>	<p>Help with chores around the house</p> <p>Chat with a lonely relative or family friend</p> <p>Write down three ways you can be kind to someone this week, and try to achieve them all</p>	<p>Mind-map or list all of the qualities about your family or group of friends that make you different, but all special.</p> <p>Learn about a different culture or religion. How does their life differ to yours? How do they celebrate special days?</p>	<p>Read a book for 30 minutes, 5 times a week, for a whole month</p> <p>Set yourself 3 goals you want to achieve by the time you arrive at NGA in September, and work to achieve them!</p> <p>Write down 3 things you will do if you face a challenging situation in your new school, like a difficult piece of work or not being able to find the right classroom</p>

Creativity	Integrity	Positivity	Empathy
<p>Write a poem to describe you. Maybe you could get your new friends to read it in September!</p> <p>Draw a self-portrait and write or show all of the positive things about you on your drawing</p> <p>Make your own map of NGA from watching our virtual tour. Add pictures, symbols or colours to show the subjects you think you'll enjoy most.</p>	<p>Pay somebody a compliment every day</p> <p>Make a mind-map, write a list or draw a picture to show why it is important to be honest</p> <p>Create a speech about something you feel passionate about. It might be a local issue, something global or a topic relevant to only you.</p>	<p>Write 3 positive things that have happened each day before you go to bed</p> <p>Watch <a href="#">this clip</a> and read the text below the video. Make a poster or list to show all the things you could learn from the things you're actually scared about when joining NGA</p>	<p>Instead of texting a friend, meet them and talk face-to-face. Texting takes away our tone of voice, body language and facial expressions to it's hard to understand how someone is feeling.</p> <p>Help somebody out with something they're struggling with – it could be a sibling's homework, or your neighbour's gardening, as long as you're helping!</p>
<b>Aspiration</b>			
<p>Ask your primary teacher for a piece of work from Year 6 that you can improve on over the holidays</p> <p>Learn a new skill – it can be as simple as balancing a book on your head whilst walking 10m to something more complicated like cross-stitch or some basic communication in another language. You'll be able to share this with your new friends in September!</p>			