### Do you understand the dangers surrounding watching pornography



## What is pornography?

 Pornography consists of television, films, magazines, books etc, that are regarded as emphasizing the sensuous aspects of a sexual subject to stimulate an audience.



### Paired discussion



How believable is this relationship? Are fairy tale conventions still relevant today? Are there any similarities between fairy tales and pornography?

### What are the similarities between fairy tales and pornography?





- Both are produced/written to entertain an audience.
- Both contain relationships that are created to entertain.
  - Both contain characters that are the 'ideal' body type.
- Both give unrealistic expectations of what is expected in a partner.

Have a look at this video from the NZ government about this issue: https://www.youtube.com/watch?v=f29mh5ntlw4



In our first activity today you are to complete the Pornography Quiz - stating if the facts and statistics are true or false? 1. Pornography is addictive.

2. There are 3.4 billion internet searches per day and 68 million of these searches are for pornography.

**3. 30%** of all internet sites are pornographic.

4. The average age of first time contact of pornography among sex addicts is 11.

5. 66% of pornographic film performers have the herpes infection which cannot be cured.

6. 40% of women regularly view pornography.

7. It is estimated that between 60-80% of female pornographic performers were sexually abused as children.

8.. There are over 100,000 child pornography websites on the internet.

9. 60% of teens have accidentally stumbled across pornography online.

10. Less than 40 porn performers, straight and gay have died from AIDS.

1. Pornography is addictive. True – Pornography alters pathways in the brain and over time watchers will need to watch more extreme forms of pornography.

2. There are 3.4 billion internet searches per day and 68 million of these searches are for pornography. True

3. 30% of all internet sites are pornographic. False, it's 12% with 4.2 million sites

4. The average age of first time contact of pornography among sex addicts is 11. True

5. 66% of pornographic film performers have the herpes infection which cannot be

cured. True – Many pornographic film performers have incurable STIs.

6. 40% of women regularly view pornography. False, it's 20%

7. It is estimated that between 60-80% of female pornographic performers were sexually abused as children. True

8. There are over 100,000 child pornography websites on the internet. True – and this number is growing rapidly

9. 60% of teens have accidentally stumbled across pornography online. False – it's
70%

10. Less than 40 porn performers, straight and gay have died from AIDS. False – it's over 100, these are that are known, there are probably many more.

# FACTS AND **STATISTICS**

Were there any facts or statistics that shocked you?

# The laws around accessing and sharing sexual images.

- If someone has shared revealing or intimate photos or videos of you, or is threatening to share them, this is a crime.
- A person found guilty can be sentenced to up to 5 years in prison and an unlimited fine.
- In the UK the age of consent for sexual intercourse is 16. However, it is an offence to make, distribute, possess or show any indecent images of anyone aged under 18, even if the content was created with the consent of that young person. The law is contained in section 1 of the Protection of Children Act 1978.

#### Is it illegal to access pornography online?

- In short the answer is yes.
- Content that involves under 18's is illegal.
- Content that is posted without consent of people involved is illegal.
  - Age restrictions do apply and no one under 18 should view pornography.
  - In 2017 the "Porn Block" was introduced, this involved more rigorous measures to ensure people under 18 could not access any pornography sites.

## Watching Pornography can effect your mental health.

As stated before it is illegal for anyone to access pornography under the age of 18, it can be very distressing, upsetting and confusing to see if you are under 18.

Pornography does not show a realistic image of relationships, body types and sex. Sometimes the images can be very disturbing and if you are exposed to this at a young age it can seriously effect your mental health.

Too much access to pornography can lead to an addiction, this addiction can become out of control and can result in the viewer become depressed, angry and suffer with anxiety and also sexual problems.

Like all addictions, it becomes the fore front of your mind, when will you get your "Next fix". Your behaviour will change, you lose sight of what is important and can become the only thing in your life.

Accessing pornography under the age of 18 is illegal.



### Help and advice

If you are worried about any of the content discussed today you can talk to any of your teachers who will be able to offer advise.

- You can also call NSPCC on 0800 800 5000.
- You can also call the police.